

CONFERENCE

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PREVENTIVE HEALTH CARE – FROM RESEARCH TO ACTION

SHORT CV



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SARAH STAPEL

PRESIDENT, TOGETHER FOR MENTAL HEALTH (GEMEINSAM FÜR PSYCHISCHE GESUNDHEIT – GPG)

Sarah Stapel studied Psychology at the University of Greifswald. From October 2021 to March 2024, she worked as a student assistant at the Chair of Clinical Psychology and Psychotherapy as well as at the Center for Psychological Psychotherapy at the University of Greifswald. Since April 2024, she has been working there as a research associate under the supervision of Professor Dr Eva-Lotta Brakemeier. In April 2025, she began her training as a Psychological Psychotherapist at the Center for Psychological Psychotherapy. Since December 2024, she has also served as President of the association Gemeinsam für psychische Gesundheit e.V. (“Together for Mental Health”). As part of her doctoral research, she examines the impact of global crises on mental health, with a particular focus on the climate crisis.