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**CONFERENCE**

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Wednesday, 25<sup>th</sup> February 2026

**PREVENTIVE HEALTH CARE – FROM RESEARCH TO ACTION**

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**SHORT CV**

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Photo: Tamara Pribaten, Bielefeld

**STEFANIE HOUWAART**

**COORDINATOR ADVISORY BOARD, BRCA-NETZWERK E.V.**

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Stefanie Houwaart is an interdisciplinary natural and public health scientist who, due to her own personal experience, has been involved in the BRCA-Netzwerk e.V. – Hilfe bei familiären Krebserkrankungen since 2012. As a patient representative for health research and policy, she brings the patient perspective to scientific projects and health policy committees. As a scientist, together with colleagues she founded the start-up partieval – Vermittlung partizipativer Kompetenzen, Prozessbegleitung und Evaluation im Bereich Gesundheit GmbH in 2024. In this context, she is dedicated to participatory research. For Stefanie Houwaart, cancer prevention is both a highly personal and a health policy priority: at the individual level, it is important to find the right path for oneself within the framework of scientific evidence; at the societal level, it is important to implement prevention based on fairness, solidarity and sustainability.